

PFLAG Founder, Jeanne Manford marching with her son Morty in 1972 in support of gay rights.

HISTORY SNAPSHOT. The idea for PFLAG began in 1972 when Jeanne Manford marched with her son, Morty, in New York's Christopher Street Liberation Day March, the precursor to today's Pride parade. After many gay and lesbian people ran up to Jeanne during the parade and begged her to talk to their parents, she decided to begin a support group. Her single voice, which called on society to treat all of its citizens with understanding and respect, has been joined by tens of thousands of voices over the years-both straight and gay-to make PFLAG the foremost family voice on issues crucial to lesbian, gay, bisexual, transgender and gender nonconforming people, and their parents, families and friends.

- PFLAG helps parents to understand and accept their LGBTQ+ children;
- PFLAG helps LGBTQ+ people—of all ages understand and come out into honest relationships with their parents;
- PFLAG helps society understand and respect people of all orientations and gender identities.
- Physicians, clergy and therapists often refer clients to PFLAG.

ALL ARE WELCOME TO ATTEND OUR MEETINGS WITHOUT CHARGE.

Meeting Schedule

Virtual via Zoom 7:00 p.m. to 8:30 p.m. First Wednesday of each month

Free Registration Required Go to www.pflagprovidence.org to register

Zoom login will be sent to all who register by noon on day of the meeting.

In-person at The Met School 6:45 p.m. to 8:15 p.m. Second Tuesday of each month

The Met School — Unity Building 325 Public Street Providence, RI 02905

(Parking located behind building.)

In-person at Channing Church, 6:45 p.m. to 8:00 p.m. Second Monday of each month

Channing Memorial Church Parish House in rear 135 Pelham Street Newport, RI 02840

(On-street parking only.)

PFLAG Greater Providence P. O. Box 41344 Providence, RI 02940

(401) 307-1802 Email: pflagprovidence@gmail.com www.pflagprovidence.org



PFLAG GREATER PROVIDENCE





Call our Help Line: (401) 307-1802



OUR VISION

PFLAG envisions an equitable, inclusive world where every LGBTQ+ person is safe, celebrated, empowered, and loved.

We are parents, friends and members of the LGBTQ+ community. We are committed to helping other families learn what we have learned, and to help change attitudes and create an environment of understanding so that all LGBTQ+ people can live with dignity and respect.

Our Mission

Our mission is to create a caring, just, and affirming world for LGBTQ+ people and those who love them. PFLAG Greater Providence seeks to realize this through:

- Support for families, allies and people who are LGBTQ+.
- Education for ourselves and others about the unique issues and challenges that people who are LGBTQ+ face.
- Advocacy in our communities to change attitudes and create policies and laws that achieve full equality for people who are LGBTQ+.

How do people know they are LGBTQ+?

Some people say they "felt different" or knew they were attracted to people of the same sex from the time they were very young. Some transgender people talk about feeling from an early age that their own personal gender identity did not match the physical gender they were assigned at birth. Others may not discover and understand their sexual orientation or gender identity until they are adolescents or adults.

What is my role as a parent, family member or friend?

When someone "comes out," parents, family and friends are often understandably consumed with

their own concerns and need time to adjust. Nevertheless, it's important to remember the critical role they play in their child's or friend's adjustment and ultimate happiness.

A recent study indicates that when families show support for their loved one who comes out—by listening carefully, openly discussing sexual orientation or gender identity, attending events, or taking other supportive action—the LGBTQ+ person will have greater selfesteem and be more likely to be happy and welladjusted.

Monthly Meetings

Our meetings are free for anyone to attend and are relaxed, safe, and non-judgmental. Everyone has an opportunity to speak, if they wish to do so; and discussions are confidential. Participants often find others with similar issues, and discussion helps relieve feelings of confusion, isolation, anger, or helplessness. A wide selection of resource materials are available. Several time a year, we also devote a portion of our meetings to speakers. PFLAG offers a wonderful opportunity for families, friends and LGBTQ+ people to learn and grow together.

Greater Providence Chapter

With 200,000 members and supporters, and local affiliates in more than 400 communities across the U.S. and abroad, PFLAG is the largest grassroots-based family organization of its kind. Founded in 1973, PFLAG is a non-profit organization and is not affiliated with any religious or political institutions.

The **Greater Providence Chapter** was founded in 1998. The chapter serves as a lifeline to hundreds of parents and families, guiding them through the journey of understanding and supporting their LGBTQ+ children.



We are an all-volunteer 501(c)3 non -profit funded 100% by memberships and donations. When you become a supporting member of Greater Providence PFLAG, you automatically get a PFLAG National membership and receive the PFLAGPole Newsletter from PFLAG

National. Join or donate today using the attached membership form or go to our website: www.pflagprovidence.org to join or donate online.

PFI AG	PFLAG/Greater Providence Chapter Membership Application Form	
GREATER PROVIDENCE	YES! I would like to become a supporting member of PFLAG. Enclosed is my donation.	d is my donation.
Name(s):		
Address:	Apt.No.:	
City:	State: ZIP Code:	
Phone No.:	E-mail:	
Household \$40) 🗌 Individual \$30 🔲 Student/Limited Income \$20 Additional Contribution: \$	
in Honor	r in Memory of:	
Please provide the info and mail to: PFLAG/G	Please provide the information requested above and make your check payable to PFLAG/Greater Providence and mail to: PFLAG/Greater Providence, P. O. Box 41344 Providence, RI 02940. You may also bay by credit card	Total Amount:
y going to www.PFL/	by going to www.PFLAGprovidence.org and click on "Donate." PFLAG Greater Providence is a 501(c)(3) non-profit	
charitable organization. sell, lease or lend mailin	charitable organization. Your contribution is tax deductible in accordance with IRS regulations. All information is confidential. PFLAG does not sell, lease or lend mailing lists to any person or group.	idential. PFLAG does not